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Co-Headteachers: Mrs N Beesley (BA QTS Hons)
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Dear parents and carers,

Oak Green School will be holding a non-school uniform day on **Tuesday 21st July 2026** (the last day of term) to fundraise for Buckinghamshire Mind.

Year 6 pupils are invited to come to school wearing non-school uniform, but may also bring a separate school shirt for signing.

There are days when all of us struggle with how we are feeling. Things can get tough, and it can be difficult knowing how to cope. For so many people, when this happens, they don't always get the help they need, when they need it. They don't know where to turn, who to talk to, or even if anyone else feels the same. No one should feel alone with their mental health. But together, we can change this.

Buckinghamshire Mind is run by local people for local people and is responsible for its own funding and the services it provides. Therefore, they rely on donations and community fundraising, which underpin all their vital mental health services. This support makes an incredible difference, ensuring they can be there to support our community's mental health needs now and in the future.

To take part, we'd like to ask parents and carers to consider donating to help Buckinghamshire Mind to keep fighting for mental health. Our suggested donation is £1 which can be donated in cash on Tuesday 21st July 2026 to your child's class teacher or you may make your donation via our Just Giving page: www.justgiving.com/page/oakgreenschool

Finally, Buckinghamshire Mind have resources for parents and carers to find help and advice, if you're ever concerned about mental health – you can find this on their website: <https://www.bucksmind.org.uk/services/>

Thank you for your support!

Kind regards,

Mrs H Ellerby
Nurture, Wellbeing and Mental Health Lead