



Oak Green School
Oak Green
Southcourt
Aylesbury
Buckinghamshire
HP21 8LJ
Tel. 01296 423895

office@oakgreen.bucks.sch.uk

Co-Headteachers: Mrs N Beesley (BA QTS Hons, NPQH)
Mrs D Kelloway (B.Ed. Hons, NPQH)

20th May 2026

Sex Education in Year Six

Dear Parents,

Alongside the PSHE and Relationships Education curriculum at Oak Green School, children in Year 6 will receive a Sex Education lesson during the last half term, in line with our school policy, as agreed by the Governing Board.

Please see our school policies on PSHE, Relationships Education and (Year 6) Sex Education on the school website for information about how this is delivered and why.

An outline of what will be taught, within our Jigsaw programme of study, is below, so that you can discuss this with your child before the session or afterwards. Please do note the vocabulary that will be used within the sessions and that there will be no deviation from this. From this term, the lessons will be delivered in normal mixed gender classes by the class teacher. Girls and boys will not be separated for these lessons.

This year, we will be offering parents the opportunity to come into school on **Thursday 4th June at 2:45pm** to meet with Mrs. Mynott and Mrs. Goodall and go through the lesson content. We will also answer any questions you may have; as this is prior to the session with the children, you do not need to decide until after this session if you would like to withdraw your child.

If you **DO NOT** wish your child to take part in Sex Education lessons, you can withdraw them by **emailing Mrs. Goodall (PSHE Lead)** at PSHE@oakgreen.bucks.sch.uk by **Friday 5th June 2026**

*(Please note that parents **ARE** able to withdraw children from Sex Education, but **not** Relationships, or Health Education (PSHE). See policies for clarity on this.)*

Children will not be withdrawn from the sessions unless this request is made in writing to Mrs. Goodall for the attention of the Co-Head Teachers.

Children who have been withdrawn upon their parents' request will be taught by another member of the Year 6 team on other areas of the National Curriculum.

If you have questions or concerns, please email PSHE/RSE Lead, **Mrs. Goodall** on PSHE@oakgreen.bucks.sch.uk and we will answer these for you.

Kind regards,

Mrs. Mynott (Year 6 teacher/Assistant Head for UKS2) & *Mrs. Goodall* (PSHE/RSE Strategic Lead)

| CM | Knowledge | Social and Emotional Skills | Questions for Family Learning |
|--|--|--|--|
| Ages 10-11 | <ul style="list-style-type: none"> • Know how girls' and boys' bodies change during puberty and understand the importance of looking after themselves physically and emotionally • Know how a baby develops from conception through the nine months of pregnancy and how it is born • Know how being physically attracted to someone changes the nature of the relationship • Know the importance of self-esteem and what they can do to develop it • Know what they are looking forward to and what they are worried about when thinking about transition to secondary school / moving to their next class | <ul style="list-style-type: none"> • Recognise ways they can develop their own self-esteem • Can express how they feel about the changes that will happen to them during puberty • Recognise how they feel when they reflect on the development and birth of a baby • Understand that mutual respect is essential in a boyfriend / girlfriend relationship and that they shouldn't feel pressured into doing something that they don't want to • Can celebrate what they like about their own and others' self- image and body-image • Use strategies to prepare themselves emotionally for the transition (changes) to secondary school | <ul style="list-style-type: none"> • Can we talk about the changes that will happen to your body over the next few years? • How do you feel about these changes? • What does mutual respect mean? Why is that important in a relationship? • What are you excited about in secondary school? • What are you worried about in secondary school? What can we do with these worries? |
| <p>In this Puzzle the class learn about puberty in boys and girls and the changes that will happen – they reflect on how they feel about these changes. The children also learn about childbirth and the stages of development of a baby, starting at conception. They talk about being physically attracted to someone and the effect this can have upon the relationship. They discuss relationships and the importance of mutual respect and not pressuring / being pressured into doing something that they don't want to. The children also learn about self-esteem, why it is important and ways to develop it. Finally, they look at the transition to secondary school (or next class) and what they are looking forward to / are worried about and how they can prepare themselves mentally.</p> | | | |
| <p>Key Vocabulary Body-image, Self-image, Characteristics, Looks, Personality, Perception, Self-esteem, Affirmation, Comparison, negative body-talk, mental health, Uterus, Womb, Oestrogen, Fallopian Tube, Cervix, Develops, Puberty, Breasts, Vagina, Vulva, Hips, Penis, Testicles, Adam's Apple, Scrotum, Genitals, Hair, Broader, Wider, Sperm, Semen, Erection, Ejaculation, Urethra, Wet dream, Growth spurt, Larynx, Facial hair, Pubic hair, Hormones, Scrotum, Testosterone, Circumcised, Uncircumcised, Foreskin, Epididymis, Ovaries, Egg (Ovum), Period, Fertilised, Unfertilised, Conception, Having sex, Sexual intercourse, Making love, Embryo, Umbilical cord, IVF, Foetus, Contraception, Pregnancy, midwife, labour, Menstruation, Sanitary products, Tampon, Pad, Towel, Liner, Hygiene, Age appropriateness, Legal, Laws, Responsible, Teenager, Responsibilities, Rights, opportunities, freedoms, responsibilities, attraction, relationship, love, sexting, transition, secondary, looking forward, journey, worries, anxiety, excitement.</p> | | | |