

Free* DIGITAL COURSES

STARTING FROM SEPTEMBER IN AYLESBURY

FOUNDATION DIGITAL SKILLS IMPROVERS

Monday 21st September - 30th November

9:15am - 11:45am

Quarrendon Adult Learning Centre
HP19 9LJ

Further develop skills in using emails, documents, presentations, spreadsheets, cloud storage, and online research.

DIGITAL: GET CONNECTED

Monday 21st September - 30th November

12:15pm - 2:45pm

Quarrendon Adult Learning Centre
HP19 9LJ

Develop essential digital and employability skills whilst building on your confidence to move towards employment or further opportunities.

EVERYDAY DIGITAL FOR ESOL

Tuesday 22nd September - 1st December

9:30am - 12pm

Community centre
Aylesbury Methodist Church, HP20 2NQ

Learn to use English online while building digital skills like using apps, websites, and social media.

GETTING TO GRIPS WITH EXCEL: PART 1

Tuesday 22nd September - 1st December

12:15pm - 2:45pm

Quarrendon Adult Learning Centre
HP19 9LJ

Begin to build strong foundations with Excel by learning how to create spreadsheets and understand functionality.

MOVING ON WITH DIGITAL SKILLS

Friday 25th September - 4th December

9:15am - 11:45am

Quarrendon Adult Learning Centre
HP19 9LJ

Develop and build on skills. Whilst preparing for advanced study.

FOUNDATION DIGITAL SKILLS

Friday 25th September - 4th December

12:15pm - 2:45pm

Quarrendon Adult Learning Centre
HP19 9LJ

Beginner course building confidence in basic computer skills, including typing, email, internet, safety, and tools like Google Docs and Meet.

SCAN HERE



To find out more please contact Yasmeen OR Debbie:

07977 156035 / 07770 802497

✉ cldevteam@buckinghamshire.gov.uk

Complete a digital skills questionnaire to help us find the right course for you



*Eligibility requirements apply



www.adultlearningbc.ac.uk

Free* ENGLISH COURSES STARTING FROM SEPTEMBER IN AYLESBURY

ENGLISH FOR LIFE AND WORK

📅 Thursday 17th September - 3rd December

🕒 9:30am - 12pm

📍 Elmhurst Adult Learning Centre
HP20 2DB

*Gain essential skills for daily life and explore employment or volunteering opportunities.
Practice communication, maths, and online safety.*

ENGLISH FOR HEALTH AND WELLBEING

📅 Thursday 17th September - 10th December

🕒 12:15pm - 2:15pm

📍 Elmhurst Adult Learning Centre
HP20 2DB

Build confidence in English focused around health and wellbeing, including processing information, communicating with professionals and promoting healthy lifestyles.

ENGLISH FOR LIFE

📅 Tuesday 22nd September - 1st December

🕒 6pm - 8pm

📍 Online

Build confidence using English in everyday situations like shopping, appointments, and accessing services.

EVERYDAY DIGITAL FOR ESOL

📅 Tuesday 22nd September - 1st December

🕒 9:30am - 12pm

📍 Community centre
Aylesbury Methodist church, HP20 2NQ

Learn to use English online while building digital skills like using apps, websites, and social media.

ENGLISH FOR READING AND WRITING

Build core literacy skills, from understanding texts to structuring sentences. Whilst improving vocabulary, grammar and everyday communication.

📅 Tuesday 22nd September - 1st December

🕒 11:30am - 1:30pm

📍 Community centre
Aylesbury Methodist church, HP20 2NQ

📅 Friday 25th September - 4th December

🕒 9:30am - 12pm

📍 Elmhurst Adult Learning Centre
HP20 2DB

ENGLISH FOR LIFE

Build confidence using English in everyday situations like shopping, appointments, and accessing services.

📅 Thursday 24th September - 3rd December

🕒 10am - 12:30pm

📍 Southcourt Baptist Church, HP21 8HW

📅 Wednesday 23rd September - 2nd December

🕒 12pm - 2:30pm

📍 Community centre
Aylesbury Methodist church, HP20 2NQ

To find out more please contact Yasmeen
OR Debbie:

📞 07977 156035 / 07770 802497

✉ cldevteam@buckinghamshire.gov.uk

*Eligibility requirements apply



Free* WELLBEING COURSES STARTING FROM SEPTEMBER IN AYLESBURY

SLOW STITCH

📅 Thursday 17th September - 26th November

🕒 9:30am - 12pm

📍 Quarrendon Adult Learning Centre, HP19 9LJ

A supportive space to connect while learning stitching and embroidery techniques, building confidence, developing patience and problem-solving skills.



HEALTHY MEALS ON A BUDGET USING AN AIR FRYER

📅 Thursday 24th September - 3rd December

🕒 9:30am - 12pm

📍 Elmhurst Adult Learning Centre, HP20 2DB

*Gain practical cooking skills creating low cost air fryer meals and batch cooking. *All ingredients provided.*



FEEL GOOD FOOD: AFFORDABLE COOKING FOR BODY & MIND

📅 Thursday 24th September - 3rd December

🕒 12:30pm - 3pm

📍 Elmhurst Adult Learning Centre, HP20 2DB

*Improve your overall wellbeing by building confidence in understanding nutrition and focusing on healthy cooking using an air fryer. *All ingredients provided.*



To find out more please contact Yasmeen OR Debbie:

☎ 07977 156035 / 07770 802497

✉ cldevteam@buckinghamshire.gov.uk

*Eligibility requirements apply