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Wednesday 11th March 2026

Dear Parents/Guardians,

We are delighted to share the final arrangements for our upcoming trip to the Royal Albert Hall on Monday 27th April 2026. This event represents a prestigious opportunity for our students to rehearse and perform in one of the world's most iconic venues, and we look forward to a day of exceptional musical achievement.

The coach is scheduled to depart from school promptly at **9:00 AM**, so we ask that all students arrive in good time for registration. We expect to return to the school grounds at approximately **10:20 PM**. Upon our return, please collect your children from the car park situated by the dining room. We understand that travel conditions into London can be unpredictable; therefore, should there be any significant delays to our arrival time, we will communicate updates to you immediately via email.

Students will need to bring a backpack containing a packed lunch, a cold dinner—such as a pasta dish—and a generous supply of snacks to maintain their energy levels throughout the rehearsals and performance. It is essential that every student carries a refillable water bottle, as there are facilities available at the Royal Albert Hall to replenish these as needed. Children who receive free school meals will be provided a packed lunch for this day but parents are required to provide a packed tea, children who pay for lunches, can parents please provide a packed lunch and tea. **Please see below for suggestions on how to keep meals cool for throughout the day.**

If your child is travel sick on coaches, please make sure they have taken a travel sickness tablet just before they come to school and ensure we have spares for the return journey. Please write their name on the box and complete the authorisation question on ParentPay for the school to administer one. If you know your child is at all unwell, please do not send them into school.

Should your child no longer want to participate in the concert, please let us know ASAP. Thank you for your continued support, and we hope you are able to join us for the concert!

Yours sincerely,

Mrs Davis and the Year 5 Team

Packed Lunches and Teas

The Food Standards Agency advises that after cooking, food should not remain at room temperature for more than 2 hours. After this time, the food should either be refrigerated or frozen and can be reheated later. Bacteria that can cause food poisoning will grow at temperatures above 8°C and below 63°C so it is important to ensure the product stays out of this 'danger zone'. Therefore, we would advise the parents to avoid packing highly perishable foods such as meat and fish in sandwiches, and choose safer fillings such as hard or processed cheese and salads that don't need to be kept in the fridge (or where the manufacturers suggest refrigeration after opening) are OK to use if the sandwiches cannot be kept cool.

Some foods don't need refrigeration and can be safely packed:

Cookies, crackers, and muffins
Breads and bread products such as bagels and fruit breads
Dry ready-to-eat cereals, pretzels, popcorn
Fresh fruits and vegetables
Dried fruits such as raisins and apples
Canned and bottled fruit juices
Hard cheese
Jam and honey
Unopened cans of fruit or pudding

Some ways to keep packed lunches cold:

1. Commercial gel packs
2. Water frozen in a rigid, leak proof plastic container
3. Ice cubes in a leak proof container
4. A frozen juice carton - place the juice carton in the freezer, and use the frozen carton in the lunch box to keep the other foods cool. The carton will have defrosted by lunchtime

https://www.food.gov.uk/sites/default/files/media/document/safe-catering_0_0.pdf

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>